



# August 2018 - Menu

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

## Grades 6-8 Breakfast

*MENUS ARE SUBJECT TO CHANGE*

		<b>8-1</b> ★ French Toast Trio <b>V</b> ★ Fruit Cup ★ Fruit Juice ★ Got Milk	<b>8-2</b> ★ Crunchy Cereal <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-3</b> ★ Fiesta Bean & Cheese Burrito <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk
<b>8-6</b> ★ French Toast Trio <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-7</b> ★ Fiesta Bean & Cheese Burrito <b>V</b> ★ Fruit Cup ★ Fruit Juice ★ Got Milk	<b>8-8</b> ★ Egg, Cheese & Turkey Sausage Wrap ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-9</b> ★ Morning Beef Sausage Sandwich ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-10</b> ★ Café LA Coffee Cake - <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk
<b>8-13</b> ★ Cinnamon Pancakes or French Toast Trio <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-14</b> ★ Crunchy Cereal with String Cheese <b>V</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-15</b> ★ Fiesta Bean & Cheese Burrito <b>V</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-16</b> ★ Egg & Cheese Sandwich <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-17</b> ★ Grape Crescent - <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk
<b>8-20</b> ★ Crunchy Cereal with Yogurt <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-21</b> ★ Egg & Cheese Wrap <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-22</b> ★ Cinnamon Pancakes or French Toast Trio <b>V</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-23</b> ★ Beef Chorizo & Cheese Wrap ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-24</b> ★ Café LA Coffee Cake - <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk
<b>8-27</b> ★ Cinnamon Pancakes or French Toast Trio <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-28</b> ★ Morning Beef Sausage Sandwich ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-29</b> ★ Fiesta Bean & Cheese Burrito <b>V</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-30</b> ★ Egg & Cheese Sandwich <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-31</b> ★ Bagel with Cream Cheese - <b>V</b> ★ Fruit- <b>S</b> ★ Fruit Juice ★ Got Milk

All of the Grain/Bread items served are whole grain.  
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free  
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit  
**S**: Items with an (S) can be saved for later **V**: Vegetarian items